



Sound Heartbeats Birth Services

soundheartbeats@gmail.com

(206) 355-0714

UBI #603395587

Doula/Client Service Agreement

Before Birth Services:

- Free consultation to determine if we would like to move forward.
- Two prenatal visits in your home to discuss your preferences for your birth. We can go over your birth preferences, talk about your expectations, explore the choices for coping best with labor, and discuss any concerns about the upcoming birth.
- I will be available for questions by phone, text, and email until the birth.
- If you choose me as your birth doula, I require a \$600 retainer payment, due upon hire to ensure that we are committed as doula and client.

Labor and Birth Services:

- I would like you call me when you think you are in labor, even if you do not yet need me. This allows me to plan my time and arrange childcare for my children. I need approximately one to two hours to get to you from the time you ask me to come.
- As a birth doula, I will accompany you in labor to help ensure a positive birth experience. I provide physical, emotional, and educational support. During labor, I can help you stay informed so you are able to make decisions and advocate for yourself (I will not speak to your care providers on your behalf). I can provide reassurance and perspective to you and your partner, make suggestions for labor progress, and help with relaxation, massage, positioning and other techniques for comfort. I do not perform clinical tasks, such as blood pressure checks, fetal heart checks, vaginal exams, or other medical services.

Post Birth Services:

- I will stay with you up to two hours postpartum to assist with breastfeeding if desired, and to provide answers to any questions you have about the birth or your new baby.
- A few days after the birth, or soon after you arrive home from the hospital, I will come for a postpartum visit to offer breastfeeding support, referrals, and to address any initial postpartum concerns. The remainder of my fee is due at this visit.

- I am available for a second postpartum visit if you would like me to come visit, or we can stay in touch via text, email or over the phone.

Payment

A \$600 retainer fee is due upon hire; you can pay through PayPal or you can pay by personal check. The remainder of my fee, between \$600-\$300 (based on your specific circumstances), is due at the first postpartum visit. My full birth doula fee is a sliding scale from \$1200-\$900.

What If?

If I do not attend your birth due to circumstances beyond anyone's control such as a labor before 38 or after 42 weeks; rapid labor; or I am at another birth, or any other unforeseen circumstance, and you choose not to use a backup doula provided by me, I will keep the \$600 retainer fee but there will be no further charges. I will also visit and give support at one postpartum meeting if you would like.

If I do not attend your birth because you do not contact me, you will be responsible for the full birth doula fee of \$900-\$1200 as agreed upon here. If I or my backup doula are unable to attend your birth, and this is due to my error, there will be no charge for my services and I will refund the retainer fee. If you choose to cancel my services before 38 weeks, half the retainer fee will be returned. After 38 weeks, there is no refund for cancellation.

In the event your pregnancy results in a scheduled Cesarean birth, I will still attend the birth (please make arrangements with your birth location ahead of time to secure my place in the operating room) and offer informational and emotional support, take photos if desired, and provide immediate postpartum support with breastfeeding, as well as the two in home postpartum visits.

HIPAA/Client Confidentiality

Utmost respect will be given to the confidentiality of the client/doula relationship. I will give you a Client Confidentiality Release Form at our first prenatal visit, as requested by one of my certification organizations, DONA Intl.

Contact Info:

I will be on call for you 24 hours a day during the two week period prior to your due date and two weeks after your due date, via cell phone. You can text (206-355-0714) or email me at soundheartbeats@gmail.com questions at any time, but when you think you are in labor **call** 206-355-0714.

CONTRACT

\$600 Retainer fee due upon hire

Rcvd_____

\$___ remaining fee due at first postpartum visit after the birth
(please fill in the amount you are agreeing to pay, between
\$300 and \$600, based upon your particular financial ability)

Rcvd_____

We, the undersigned, state that we have read and understand this doula contract and that it reflects the discussion we had with Kiara about her services.

Client Date

Address EDD

Partner Date

Doula: Kiara Buechler CD (DONA, PALS) Date